



**FIND YOUR PASSION.  
FIND YOUR Y.**

**At-A-Glance Brochure**



**FAMILY YMCA OF  
GREATER AUGUSTA  
JOIN TODAY**

**For a better us.®**

**706 922 9622  
[www.thefamilyym.org](http://www.thefamilyym.org)**

## JOIN OUR FAMILY

At the Y, you'll find more than just a place to work out. With opportunities to connect with new people, develop new skills and explore new interests, you'll discover new passions and a greater sense of purpose.

For more than 165 years, we have been a pillar in the CSRA, providing programs with a purpose for youth development, healthy living and social responsibility. The Y has programs for everyone, including new adult and youth swimmers, campers, young athletes, adult athletes and wellness program participants. We are more than a gym; we are a nonprofit that is dedicated to strengthening and supporting our community.

## OUR MISSION

is to serve individuals and families in the CSRA through programs designed to build healthy spirit, mind and body, reflecting the values of the Judeo-Christian tradition while maintaining respect for all people.

## MORE THAN A GYM

Joining the Y is so more than a place to workout. Guided by our mission, we have developed signature programs that support community needs and provide opportunities for our neighbors.

- **A Place to Dream** provides beds, linens, Bibles and stuffed animals for children with unfavorable sleeping arrangements.
- **Cheryl's Kitchen Food Program** distributes meals to individuals and children in need through a combination of mobile sites and YMCA facilities.
- **Safety Around Water** teaches children life-saving water safety skills at no cost.
- **Camp I.V.E.Y.** is a week-long, overnight summer camp for children with disabilities.
- **LIVESTRONG® at the YMCA** helps adult cancer survivors reclaim their health and wellbeing following a cancer diagnosis.



## BENEFITS OF MEMBERSHIP

**We believe the primary benefit to a Y membership is knowing you are a part of an organization that is committed to strengthening communities. YMCA members have access to everything you and your family need to learn, grow and thrive.**

- Member-only discounts for YMCA programs and services, like youth sports and swim lessons
- Onsite Play & Learn Childcare for two hours a day, up to 8 hours a week (hours & ages vary)
- Unlimited group exercise classes at no additional cost
- FREE Smart Start coaching (by appointment)
- FREE CrossFit/YFit (locations vary)
- FREE access to Virtual YMCA, our online library of recorded group exercise classes
- Nationwide Membership while traveling in the U.S.
- METRO MEMBERS: Unlimited access to all CSRA Family Y locations

## BRING THE FAMILY

**There's something for everyone at the Y! We offer programs that support children and teens at every age.**

### AGE 8 weeks to 12 years

Play & Learn is included in family memberships at all YMCA locations for up to 2 hours a day (8 hours per week). The program provides enriching curriculum to help children learn, grow and have fun while parents workout.



### AGE 3 years to 12 years

We offer several youth programs for children, including kids' group exercise classes, youth sports, Parents' Night Out, adaptive programs, camp, swim lessons and more. Availability varies by location.

Tweens (11-12) may use the Wellness Floor with a parent/guardian after completing a Teen Orientation. A doctor's note and approval from the branch director is required.

### AGE 13 years to 15 years

Members aged 13 to 15 may use the Wellness Floor with a parent/guardian after completing a Teen Orientation. Teen Orientation educates teens on proper form, building a workout and etiquette.

### AGE 16+

Members 16+ may use Y facilities or volunteer without adult supervision.

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## FOR YOUTH DEVELOPMENT

Every year, we work to provide engaging activities for children in a caring and safe environment. These programs give children opportunities to learn new skills and develop their passions.

Youth programs include Prime Time After School, Parents' Night Out, summer camp, youth sports and more. Program availability varies by location.



[View programs at thefamilyy.org/programs.](https://thefamilyy.org/programs)

## FOR HEALTHY LIVING

Helping members maintain a healthy lifestyle is a top priority for the Y. No matter your fitness level or age, we have programs and classes to help you achieve your wellness goals. Our approach focuses on wellness of your entire being – mind, body and spirit.



Group exercise classes provide structured, fun workouts. Wellness challenges throughout the year offer accountability and ways to shake-up your routine. Personal training is also available for a fee to give you specialized instruction from a certified trainer.

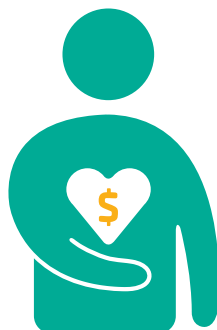
[View classes at thefamilyy.org/classes.](https://thefamilyy.org/classes)

## FOR SOCIAL RESPONSIBILITY

By joining the Y, you are supporting a nonprofit that is committed to giving back to the community. In addition to our outreach programs, there are many ways our members can give back.

When you volunteer at the Y, you take an active role in bringing about meaningful and enduring change. Volunteers are needed in a variety of roles, including youth sports coaches, delivering beds for A Place to Dream, greeters, advisory board members and more.

Our Annual Campaign provides the funds needed to support signature programs and our financial assistance fund. Donations ensure the Y remains an organization that is for all, regardless of ability to pay.



## BECOME A MEMBER

MEMBER TYPE	METRO	BRANCH*	JOINER'S FEE
Youth (4-15)	\$165 (Annual)	\$165 (Annual)	N/A
Teen (16-17)	\$26	\$21	N/A
Young Adult (18-23)	\$42	\$28	N/A
Individual (24-61)	\$57	\$39	\$75
One Adult + Dependents	\$69	\$52	\$75
Two Adults	\$72	\$54	\$100
Two Adults + Dependents	\$84	\$67	\$100
Three Adults + Dependents	\$111	\$87	\$100
Four Adults + Dependents	\$137	\$108	\$100
Five Adults + Dependents	\$163	\$129	\$100
Senior Individual (62+)	\$41	\$32	\$75
Senior Family (One adult at least 62, no dependents)	\$61	\$46	\$100
Impact Membership	\$9.99	\$9.99	N/A

\*Branch memberships are only available at Augusta South, North Augusta, North Jefferson and Steiner Branch Family YMCAs.

## FINANCIAL ASSISTANCE

No one is ever turned away from the Y, regardless of their ability to pay. Through our financial assistance program, we ensure that YMCA membership and programs are affordable and accessible for everyone. Financial assistance is provided on a sliding scale based on the applicant's income.

Applications can be completed at any YMCA facility or [thefamilyy.org](http://thefamilyy.org).



## CORPORATE WELLNESS

For the Family YMCA of Greater Augusta, partnering with area organizations is a win-win. We strengthen the community by helping build a healthier workforce, and employers show appreciation to their employees through Y membership savings. If your employer participates in our corporate wellness program, you may be eligible for a waived joiner's fee and monthly discounts. Ask your Human Resources Department for more information!

## FIND YOUR Y

### **FAMILY YMCA TEAM HEADQUARTERS**

1058 Claussen Road, Suite 100  
Augusta GA 30907  
706 922 9656

### **NORTH JEFFERSON FAMILY YMCA**

3001 GA Hwy 17 North  
Wrens GA 30833  
706 547 2653

### **AIKEN COUNTY FAMILY YMCA**

621 Trolley Line Road  
Graniteville SC 29829  
803 349 8080

### **STEINER BRANCH FAMILY YMCA MARSHALL YMCA PROGRAM CENTER**

218 Partnership Drive  
Grovetown GA 30813  
706 922 6711

### **AUGUSTA SOUTH FAMILY YMCA**

2215 Tobacco Road  
Augusta GA 30906  
706 922 9650

### **THOMSON FAMILY YMCA**

521 W Hill Street  
Thomson GA 30824  
706 595 5615

### **BARNWELL COUNTY FAMILY YMCA**

660 Joey Zorn Blvd  
Barnwell SC 29812  
803 450 4151

### **WILSON FAMILY YMCA**

3570 Wheeler Road  
Augusta GA 30909  
706 922 9623

### **BURKE COUNTY FAMILY YMCA**

50 Olympic Drive  
Waynesboro GA 30813  
706 426 0122

### **FAMILY YMCA CHILD DEVELOPMENT ACADEMY**

1425 Walton Way  
Augusta GA 30901  
706 922 9670

### **NORTH AUGUSTA FAMILY YMCA**

401 W Martintown Road, Suite 111  
North Augusta SC 29841  
803 279 0882

[www.thefamilyy.org](http://www.thefamilyy.org)



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**